



MEET ASHLYN

Ashlyn was raised in Utah and has been tumbling since age 3. She started her cheerleading career at age 6 and excelled in cheerleading and tumbling. She did competitive cheer from age 6-14 before joining her high-school Varsity cheerleading team. During high school she earned many awards including, All American Cheerleader, Academic All-State, and was chosen her senior year to perform on the 2019 All-State cheerleading team. Ashlyn also competed on the varsity wrestling team where she took home a State Championship. Ashlyn has been teaching tumbling since age 12. “When I teach, I focus on the technical side of tumbling, to avoid injury as well as improve skills. Once you have the technique down, you're set!” “I love that I am able to pass on my love of tumbling and give kids a passion for something so awesome and challenging.” Her favorite thing to do in her free time is spend time in the mountains with her husband and kids.

If you're ready to try a tumbling class, get with us to get registered - Coach Ashlyn will do an evaluation to determine the appropriate level, and you'll be on your way to aerials and back handsprings before you know it!